

MAY CONFERENCE

- Saturday, May 4th, 2019
- Registration: 8:30am
- Conference: 9:00am—4:15pm
- Delta Hotel—1919 Saskatchewan Drive
- Regina, Saskatchewan
- Registration fee— \$125.00 (members)
\$150.00 (non-members)

The Saskatchewan Early Childhood Association is hosting a one day workshop with break out sessions held at the Delta Hotel in Regina, Saskatchewan on May 4th, 2019. We would like to thank The Co-operators for their sponsorship of this conference. This workshop is also supported by the Ministry of Education—Early Years Branch.

Keynote:



Christine Ludba Danyluk is the Early Learning Coach of Good Spirit School Division. She has been teaching in elementary education for over 30 years and has been a PreK teacher for the last 15 years. Christine was blessed with the opportunity to visit the preschools and infant toddler centers of Reggio Emilia in 2007 and 2015. This amazing experience had a tremendous impact on her work with students, families and educators. She has facilitated workshops in Early Learning for the Ministry of Education since 2008 and is currently a member of the Early Learning Cohort of the SPDU Facilitator Community of the Saskatchewan Teachers' Federation. In 2017, Christine completed her Masters of Education in Curriculum Studies at the U of S, with a lens of Family Engagement. She was also a member of the Walk Alongside Family Engagement Forum Committee.

Family Engagement – Walking Alongside to Positively Impact Students and Families

Close your eyes and think of a childhood memory. *What are you doing? Who are you with?* When we think back to who has impacted our life, it is most often family. When we as educators honor family as a child's first teacher and collaborate with them, there can be a positive impact on the child's learning. Family Engagement is a philosophy and a pedagogy. It is not a practice or an event. Together we will examine our beliefs and reflect on whether they are encouraging us to walk alongside families, or holding us back. *How are our beliefs lived in our practice? How can we walk alongside families to make a positive difference for everyone?*

Breakout Sessions:



Denise Skuce is an Early Childhood Educator Level III and the East Side Director at Tykes & Tots Early Learning Centres Inc. Denise has many years of experience as an ECE, first in a child care home environment, then in a child care centre. Denise has a passion for outdoor play and recently attended the Outdoor Play and Early Learning Policy Research Symposium in Ontario.

Outdoor Play the Saskatchewan Way! Denise will share her expertise in the importance of outdoor play in all kinds of weather and seasons. Tips and tricks to elicit children and educators to go outside will be a topic of discussion. Denise will also share activities which connect to the Essential Learning Experiences.



Edward Ortiz is a certified financial planner and comes with a wealth of knowledge about insurance and liability in Early Learning and Child Care. Edward has been very helpful to our members and will continue to do so in his sessions. Not only is Edward an expert in insurance, but he is a new dad, too! Edward will be offering two session specific to homes and centres.

Family/Group Home insurance presentation from the Cooperators You know you need commercial insurance for your child care home, but what should you really insure, who are the insurable parties, and what types of coverage are available? This presentation will address some of the most common questions that we get asked by SECA Members, including:

- What is the different between my home insurance and my SECA-Cooperators Insurance policy?
- What happens if I am sued by a parent or by a third party due to injuries caused to a child, another person, or damage to their property?
- What is the role of the Cooperators to protect the risks associated with running a child care home?

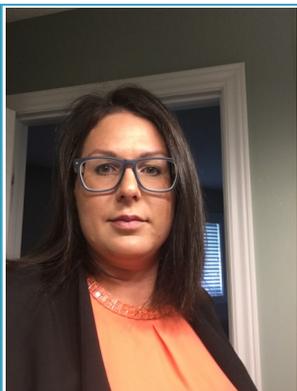
Child Care Centre Insurance Presentation from the Cooperators You know you need commercial insurance for your child care centre, but what should you really insure, who are the insurable parties, and what types of coverage are available? This presentation will address some of the most common question that we get asked by SECA members including:

- Most recent updates in coverage to the SECA-Cooperators Master Policies
- What happens if I am sued by a parent or by a third party due to injuries caused to a child, another person, or damage to their property?
- What is the role of the Cooperators to protect the risks associated with running a child care centre?



Jessica Tiefenbach is an Early Childhood Educator, Baby Sign Language Instructor, and Positive Discipline Parenting Educator. Before starting Stay'n'Play Parenting, she previously taught preschool and worked in daycare. She is also a mother of three children under 6. In April 2014, Jessica and her husband discovered that their eldest was Deaf at the tender age of 16 months. Knowing that communication is vital for healthy child development, Jessica learned ASL through various methods, including night classes through Saskatchewan Deaf and Hard of Hearing Services. She has grown to love Deaf Culture and the uniqueness of it, and is excited to share her knowledge of ASL to ease parent frustrations. She has seen the world of difference early communication can give to a child, and strives to help others discover this essential parenting tool! She is an advocate for Newborn Hearing Screening, and Deaf and Hard of Hearing children working diligently to ensure they have the resources needed to succeed.

Using Sign Language as a Communication Tool focuses on showing Early Childhood Educators the benefits of using sign language, and how to easily incorporate sign language into everyday routines. We will discuss possible indications of a hearing loss, and ways to make the environment inclusive for Deaf and Hard of Hearing Children. During this breakout session, we will also learn signs for manners, food, animals, clothing, family, colours, routines, and toys through hands on activities, songs, and stories. Approximately 80 signs will be covered during this class. Handouts will be provided for participants to



Allison Ekdahl-Johnston works within the Saskatchewan Health Authority at the Autism Program in Regina which provides diagnostic and therapeutic services for children with Autism Spectrum Disorder. Allison has previous experience in early learning and child care environments.

Children with Autism in Child Care This breakout session will cover an overview of Autism Spectrum Disorders and the areas that interfere with development, such as deficits in sensory, social communication and repetitive/stereotypical play, how to identify the causes of interfering behaviours and to work as a team to eliminate the behaviours. Lastly, Allison will review and discuss setting expectations in daily routines, to increase learning and independence while at a centre or home.



Healthy Start [Healthy Start \(healthystartkids.ca\)](http://healthystartkids.ca) Healthy Start is a comprehensive, evidence-based program providing professional development training for early learning and childcare practitioners and parents.

What's New In Canada's Food Guide? Are you following best practices to promote healthy eating and serve nutritious meals in your early learning and childcare facility? In this session, learn

what's new in Canada's Food Guide. See the 2019 edition compared to the 2007 edition, and what it means for your meal planning. And go beyond what to eat: we'll also talk about how to eat with kids, and how to include positive messages and programming about food and nutrition in everyday learning. Those who attended past Healthy Start trainings will see how your training was consistent with the new Food Guide recommendations. Those who are new to the Healthy Start program may decide to sign up for more support. And as a bonus, see a demonstration of the new MenuPlanPro™, a free and interactive menu planning tool developed at the University of Saskatchewan. It provides healthy recipe ideas, immediate feedback on whether you're meeting provincial nutrition guidelines, and supports adjustments for cultural considerations and allergies.



Heather Turcotte, Tara Rudy, Shelly Cal and Rita Robertson (pictured) work for the Saskatchewan Health Authority and all have a passion for mental health well-being, specifically in children. All four ladies are from the north-east region of the province.

Strengthen Children's Mental Health This Strengthen Children's Mental Health program was developed in collaboration with Canadian Mental Health Association, Ontario. It will help anyone running children's programs be more informed and prepared to support their staff in promoting positive mental health in children.

Participants will learn key concepts and factors that affect children's mental health including the impact of stress and environment on a child's ability to cope. This session will provide tools and suggested activities to use with staff to help improve their understanding and interactions with



Michael Koops is a teacher with the Prairie Valley School Division. Michael teaches art, theatre arts, drama and psychology. Michael will be joined by several of his students as well as a Knowledge Keeper, Tim Poitras.

Blanket Exercise The Blanket Exercise is a teaching tool to share the historic and contemporary relationship between Indigenous and non-Indigenous peoples of Canada. The KAIROS Blanket Exercise is an interactive learning experience that teaches the Indigenous rights

history we're rarely taught. The exercise was developed in response to the 1996 Report of the Royal Commission on Aboriginal Peoples—which recommended education on Canadian-Indigenous history as one of the key steps to reconciliation, the Blanket Exercise covers over 500 years of history in a one and a half hour participatory workshop. Blanket Exercise participants take on the roles of Indigenous peoples in Canada. Standing on blankets that represent the land, they walk through pre-contact, treaty-making, colonization and resistance. They are directed by facilitators representing a narrator (or narrators) and the European colonizers. Participants are drawn into the experience by reading scrolls and carrying cards which ultimately determine their outcomes. By engaging on an emotional and intellectual level, the Blanket Exercise effectively educates and increases empathy. Ideally, the exercise is followed by a debriefing session in which participants have the opportunity to discuss the experience as a group. This



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